

Full Report (All Nutrients) 45172157, GLAZED CHOCOLATE DONUTS, UPC: 018894461715

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Big Y Foods, Inc.

Nutrient	Unit	Data points	Std. Error	1 DONUT 71g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	320	451
Protein	g	--	--	2.00	2.82
Total lipid (fat)	g	--	--	19.00	26.76
Carbohydrate, by difference	g	--	--	35.00	49.30
Fiber, total dietary	g	--	--	1.0	1.4
Sugars, total	g	--	--	21.00	29.58
Minerals					
Calcium, Ca	mg	--	--	40	56
Iron, Fe	mg	--	--	1.08	1.52
Sodium, Na	mg	--	--	250	352
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	9.997	14.080
Fatty acids, total monounsaturated	g	--	--	8.002	11.270
Fatty acids, total polyunsaturated	g	--	--	2.002	2.820
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients
SUGAR, VEGETABLE SHORTENING (PALM OIL, FRACTIONATED PALM OIL, TBHQ (PRESERVATIVE), DIMETHYLPOLYSILOXANE), WATER, ENRICHED FLOUR, BLEACHED (WHEAT FLOUR,

MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, DEFATTED SOY FLOUR, COCOA PROCESSED WITH ALKALI. CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), VEGETABLE SHORTENING (PALM OIL, FRACTIONATED PALM OIL), FOOD STARCH-MODIFIED, SALT, DEPROTEINIZED WHEY, MILK PROTEIN CONCENTRATE, WHEAT STARCH, CORN STARCH, MONO- AND DIGLYCERIDES, DEXTROSE, EGG WHITES, WHEAT FLOUR, SOY LECITHIN, SODIUM PROPIONATE (PRESERVATIVE), CALCIUM CARBONATE, NATURAL AND ARTIFICIAL FLAVOR, AGAR-AGAR, DEXTRIN, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), GUAR GUM, KARAYA GUM, ENZYMES, MODIFIED CELLULOSE GUM, SOYBEAN OIL. *Date Available:* 03/23/2017 *Date Last Updated by Company:* 03/23/2017